



Autumn Newsletter 2018.

Great Start to 2018/2019 Swim Season!



Well Laois Marlins Swim Club, we have had a very successful start to the Swim Season with our swimmers making Great PBs so early in the season.

We were well represented at all the Galas we attended such as the Leinster Development Gala, Wexford Harvest Gala, and the Leinster Qualifying Gala. Our Swimming Team as a whole achieved some great Personal Bests at all of these Galas, with many swimmers that were old enough, qualifying for the Leinster Short Course Championships starting this coming Friday 2nd November 2018. We have a total of 13 Swimmer competing this weekend, 7 Girls and 6 boys, we wish all our Swimmers the very best of Luck, Swim Fast Laois Marlins!

Coming Up!!

This coming weekend as previously mentioned is the Leinster Short Course Championships, where we will be represented by many of our Senior Squad.

The Nenagh Neptune's Gala is on the 10th of November, where we will have a nice few of our Junior Swimmers representing our Club.

Kilkenny Gala

The Kilkenny Gala is on the 17th of November. This is a level 1 Gala this year and is suitable for Junior and Senior Swimmers. The Gala starts at 4pm on Saturday afternoon and finishes around 9pm. You can make entries for this Gala on Its Plain Sailing, but just to advise, entries will close this Saturday, so don't delay. Running order and details are available on the marlins website.

Laois Marlins Christmas Gala.

Keep Your Laois Marlins Swim Cap and Goggles at the ready for Our Annual Laois Marlins Winter Gala. This is a level 1 Gala, and is a fantastic gala for all of our Junior Squad and Younger Swimmers to begin their competition experience. Our Gala takes place on Saturday 1st of December and is open to all swimmers 14 year old and under on the 31st of December 2018. The Gala Details are on our Website and you can make entries on Its Plain Sailing.



Pool Party!! Keep This Date In Your Diary!!

We are planning a Pool Party for both Squads to celebrate the finish of a fantastic Swim Year! So Pencil Saturday 15th of December into your Diary. The Pool Party will take place on the Saturday during squad training with food and drinks for the swimmers afterwards. We are just confirming dates at the moment, so we will keep you updated.

Bank Holiday Training

New Training Schedule for Bank Holidays Going forward is as follow;

Junior Squad – 8am – 9am

Senior Squad – 9am – 10.30am

Job Vacancy

We are recruiting for a Level 2 Swim Coach at the moment. If you know of a coach who may be interested please ask them to contact Anna on her email at secretary@laoismarlins.ie.